



All EMHP Active and Retired Members and their eligible dependents.

**Avoid the waiting room germs. Limit your exposure and talk to a board-certified doctor by video or phone from home.**

### Your doctor is here



800-709-8390  
CallADr365.com



Talk to a board-certified doctor by video or phone with an average of 15 years of experience.



Doctors available anytime, day or night, even on weekends and holidays.



Prescriptions can be sent to your nearest pharmacy, if medically necessary.

**CDC warns coronavirus to spread and severe flu season will continue.**

**Access Discount Healthcare** wants to increase the awareness of telehealth benefits as a ***means to avoid*** the ER, urgent care, and doctors' offices. ***This approach aligns with CDC recommendation to leverage telehealth visits to treat and limit spread.***

**A Coronavirus policy has been issued to our provider network and is regularly updated based on CDC recommendations.**

### Getting Started with our telemedicine ...

When using the service for the very first time, **PLEASE FIRST CALL 1-800-709-8390 AND REGISTER** yourself and your dependents, then for ongoing help you can call the help line or log in online to schedule a consult.