





## IMPORTANT CONTACT INFORMATION FOR YOUR BENEFITS

Contact	Questions Regarding	Telephone Number	E-mail address	Website
<b>Employee Benefits Unit</b>	Questions concerning eligibility for coverage  Home Address/Telephone Number Changes Marry or divorce Acquire a dependent Dependent loses eligibility Dependent becomes disabled You or covered dependent becomes eligible for Medicare because of a disability, age sixty-five (65) or End Stage Renal Spouse/Dependent Dies If you or your dependent does not receive an Health Benefits Card You want to understand your benefits You would like to receive a Benefit Booklet	<b>631-853-4866</b>  or your <b>appropriate</b> <b>EBU contact</b> <b>as listed below</b>	<a href="mailto:ebu@suffolkcountyny.gov">ebu@suffolkcountyny.gov</a>	
<b>Employee Benefits Contact list</b>	<b>If your last name begins with the letters:</b>		<b>Contact</b>	
	A thru B	631-853-4987	Susan Sheldrick	<a href="mailto:Susan.Sheldrick@suffolkcountyny.gov">Susan.Sheldrick@suffolkcountyny.gov</a>
	C thru D and L thru M and R	631 853-5095	Michele Bo	<a href="mailto:Michele.Bo@suffolkcountyny.gov">Michele.Bo@suffolkcountyny.gov</a>
	E thru G	631 853-4771	Kristin Glaser	<a href="mailto:Kristin.Glaser2@suffolkcountyny.gov">Kristin.Glaser2@suffolkcountyny.gov</a>
	H thru K	631-853-4852	Sherry Wilcox-Mills	<a href="mailto:Sherry.Wilcox-Mills@suffolkcountyny.gov">Sherry.Wilcox-Mills@suffolkcountyny.gov</a>
	N thru Q	631 853-4793	Sonja Mills Majors	<a href="mailto:Sonja.MillsMajors@suffolkcountyny.gov">Sonja.MillsMajors@suffolkcountyny.gov</a>
	S thru Z	631-853-5310	Courtney Frabizio	<a href="mailto:Courtney.Frabizio@suffolkcountyny.gov">Courtney.Frabizio@suffolkcountyny.gov</a>
<b>NYS Retirement System</b>	Appointment Necessary 330 Motor Parkway, Hauppauge, NY 11788	<b>1-866-805-0990</b>		<a href="http://www.osc.state.ny.us/retire">www.osc.state.ny.us/retire</a>  

Contact	Questions Regarding	Telephone Number	E-mail address	Website
Social Security		1-800-772-1213		<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
Aetna 1/1/2025 (Hospital/Medical/Surgical)		1-833-497-2409		<a href="http://www.aetnaresource.com/n/EMHP">www.aetnaresource.com/n/EMHP</a>
Employee Medical Health Plan of Suffolk County (EMHP)		1-800-939-7515		<a href="http://www.emhp.org">www.emhp.org</a> 
<b>Anthem</b> (Hospital/Medical) 	To find an EMHP hospital/medical provider Pre-certification for surgery/hospital admissions Questions regarding hospital and medical benefits Questions regarding claims payments 24/7 NurseLine a toll-free, 24/7 health care information hotline	<b>1-800-939-7515</b> " " " <b>877-TALK-2-RN</b> <b>(877-825-5276)</b>		<a href="http://www.empireblue.com/emhp">www.empireblue.com/emhp</a> Go to "Find a Doctor" Select "Local Network" Select "PPO" or "Direct POS"
<b>Express Scripts</b> (Prescription Drug – Active & Non-Medicare eligible Retirees)	Questions regarding prescriptions benefits To obtain a list of Preferred Medications To obtain a list of drugs in the Drug Quantity Management Program To obtain a list of Step Therapy Drugs	<b>1-800-987-5242</b> " " "		<a href="http://www.express-scripts.com">www.express-scripts.com</a> 
<b>Express Scripts</b> (Prescription Drug for Medicare Eligible Retirees) for	Questions regarding Suffolk County PDP - Medicare D Drug Program	<b>1-800-987-5242</b>		Same QR Code as Above
<b>Optum Behavioral Health</b> (Mental Health & Substance Use Disorder)	For questions regarding Mental Health and Substance Abuse benefits You must pre-certify for all Mental Health/ Substance Abuse benefits To obtain the name of a Mental Health/ Substance Abuse provider	<i>1-800-765-6709</i> <i>select prompt for</i> <i>Mental Health/</i> <i>Substance Use</i> <i>Disorder Benefits</i>		<a href="http://www.liveandworkwell.com">www.liveandworkwell.com</a> 