




## IMPORTANT CONTACT INFORMATION FOR YOUR BENEFITS

Contact	Questions Regarding	Telephone Number	E-mail address	Website
<b>Employee Benefits Unit</b>	Questions concerning eligibility for coverage  Home Address/Telephone Number Changes Marry or divorce Acquire a dependent Dependent loses eligibility Dependent becomes disabled You or covered dependent becomes eligible for Medicare because of a disability, age sixty-five (65) or End Stage Renal Spouse/Dependent Dies If you or your dependent does not receive an Health Benefits Card You want to understand your benefits You would like to receive a Benefit Booklet	<b>631-853-4866</b>  <b>or your appropriate EBU contact as listed below</b>	<a href="mailto:ebu@suffolkcountyny.gov">ebu@suffolkcountyny.gov</a>	
<b>Employee Benefits Contact list</b>	<b>If your last name begins with the letters:</b>		<b>Contact</b>	
	<b>A thru B</b>	<b>631-853-4987</b>	<b>Susan Sheldrick</b>	<a href="mailto:Susan.Sheldrick@suffolkcountyny.gov">Susan.Sheldrick@suffolkcountyny.gov</a>
	<b>C thru D and L thru M and R</b>	<b>631 853-5095</b>	<b>Michele Bo</b>	<a href="mailto:Michele.Bo@suffolkcountyny.gov">Michele.Bo@suffolkcountyny.gov</a>
	<b>E thru G</b>	<b>631 853-4771</b>	<b>Kristin Glaser</b>	<a href="mailto:Kristin.Glaser2@suffolkcountyny.gov">Kristin.Glaser2@suffolkcountyny.gov</a>
	<b>H thru K</b>	<b>631-853-4852</b>	<b>Sherry Wilcox-Mills</b>	<a href="mailto:Sherry.Wilcox-Mills@suffolkcountyny.gov">Sherry.Wilcox-Mills@suffolkcountyny.gov</a>
	<b>N thru Q</b>	<b>631 853-4793</b>	<b>Sonja Mills Majors</b>	<a href="mailto:Sonja.MillsMajors@suffolkcountyny.gov">Sonja.MillsMajors@suffolkcountyny.gov</a>
	<b>S thru Z</b>	<b>631-853-5310</b>	<b>Courtney Frabizio</b>	<a href="mailto:Courtney.Frabizio@suffolkcountyny.gov">Courtney.Frabizio@suffolkcountyny.gov</a>
	<b>NYS Retirement System</b>	Appointment Necessary 330 Motor Parkway, Hauppauge, NY 11788	<b>1-866-805-0990</b>	
<b>Social Security</b>		<b>1-800-772-1213</b>		<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>

Contact	Questions Regarding	Telephone Number	E-mail address	Website
<b>Aetna 1/1/2025</b> <b>(Hospital/Medical/Surgical)</b>	To find an EMHP hospital/medical provider  Questions regarding Hospital/Medical/Surgical benefits  Questions regarding claims payments	<b>1-833-497-2409</b>		<a href="http://www.aetnaresource.com/n/EMHP">www.aetnaresource.com/n/EMHP</a> 
<b>Employee Medical Health Plan of Suffolk County (EMHP)</b>		<b>1-800-939-7515</b>		<a href="http://www.emhp.org">www.emhp.org</a> 
<b>Express Scripts</b> (Prescription Drug – Active & Non-Medicare eligible Retirees)	Questions regarding prescriptions benefits  To obtain a list of Preferred Medications  To obtain a list of drugs in the Drug Quantity Management Program  To obtain a list of Step Therapy Drugs	<b>1-866-340-8996</b>  "  "  "		<a href="http://www.express-scripts.com">www.express-scripts.com</a> 
<b>Express Scripts</b> (Prescription Drug for Medicare Eligible Retirees) for	Questions regarding Suffolk County PDP - Medicare D Drug Program	<b>1-800-987-5242</b>		
<b>Optum Behavioral Health</b> (Mental Health & Substance Use Disorder)	For questions regarding Mental Health and Substance Abuse benefits  You must pre-certify for all Mental Health/ Substance Abuse benefits  To obtain the name of a Mental Health/ Substance Abuse provider	<i>1-800-765-6709</i> <i>select prompt for</i> <i>Mental Health/</i> <i>Substance Use</i> <i>Disorder Benefits</i>		<a href="http://www.liveandworkwell.com">www.liveandworkwell.com</a> 