





IMPORTANT CONTACT INFORMATION FOR YOUR BENEFITS

Contact	Questions Regarding	Telephone Number	E-mail address	Website
Employee Benefits Unit	Questions concerning eligibility for coverage Home Address/Telephone Number Changes Marry or divorce Acquire a dependent Dependent loses eligibility Dependent becomes disabled You or covered dependent becomes eligible for Medicare because of a disability, age sixty-five (65) or End Stage Renal Spouse/Dependent Dies If you or your dependent does not receive an Health Benefits Card You want to understand your benefits You would like to receive a Benefit Booklet	631-853-4866 or your appropriate EBU contact as listed below	ebu@suffolkcountyny.gov	
Employee Benefits Contact list	If your last name begins with the letters:		Contact	
	A thru B and O	631-853-4987	Susan Sheldrick	Susan.Sheldrick@suffolkcountyny.gov
	C thru D and P, R	631 853-5095	Michele Bo	Michele.Bo@suffolkcountyny.gov
	E thru G	631-853-5316	Grace Dugre	Grace.Dugre@suffolkcountyny.gov
	H thru K and N, Q	631-853-4852	Sherry Wilcox-Mills	Sherry.Wilcox-Mills@suffolkcountyny.gov
	L thru M and S	631-853-5954	Dannielle Donnelly	Dannielle.Donnelly@suffolkcountyny.gov
	T thru Z	631-853-5310	Courtney Frabizio	Courtney.Frabizio@suffolkcountyny.gov
NYS Retirement System	Appointment Necessary 330 Motor Parkway, Hauppauge, NY 11788	1-866-805-0990		www.osc.state.ny.us/retire 

Contact	Questions Regarding	Telephone Number	E-mail address	Website
Social Security		1-800-772-1213		www.socialsecurity.gov
Employee Medical Health Plan of Suffolk County (EMHP)		1-800-939-7515		www.emhp.org 
EBCBS (Hospital/Medical) 	To find an EMHP hospital/medical provider Pre-certification for surgery/hospital admissions Questions regarding hospital and medical benefits Questions regarding claims payments 24/7 NurseLine a toll-free, 24/7 health care information hotline	1-800-939-7515 " " " 877-TALK-2-RN (877-825-5276)		www.empireblue.com/emhp Go to "Find a Doctor" Select "Local Network" Select "PPO" or "Direct POS"
Express Scripts (Prescription Drug – Active & Non-Medicare eligible Retirees)	Questions regarding prescriptions benefits To obtain a list of Preferred Medications To obtain a list of drugs in the Drug Quantity Management Program To obtain a list of Step Therapy Drugs	1-800-987-5242 " " "		www.express-scripts.com 
Express Scripts (Prescription Drug for Medicare Eligible Retirees) for	Questions regarding Suffolk County PDP - Medicare D Drug Program	1-800-987-5242		Same QR Code as Above
Optum Behavioral Health (Mental Health & Substance Use Disorder)	For questions regarding Mental Health and Substance Abuse benefits You must pre-certify for all Mental Health/ Substance Abuse benefits To obtain the name of a Mental Health/ Substance Abuse provider	<i>1-800-765-6709</i> <i>select prompt for</i> <i>Mental Health/</i> <i>Substance Use</i> <i>Disorder Benefits</i>		www.liveandworkwell.com 