



**OFFICE OF THE COUNTY EXECUTIVE
ALL-EMPLOYEES MEMORANDUM**

DATE: OCTOBER 25, 2021

EMPLOYEE MEDICAL HEALTH PLAN OF SUFFOLK COUNTY (EMHP)

Well-being Coach – Ending December 31, 2021

As part of our continuing effort to provide our members with important updates regarding the Employee Medical Health Plan of Suffolk County (EMHP), the Labor/Management Committee, which oversees the EMHP, would like to provide you with important information regarding the healthy lifestyle program offered by EMHP called *Well-being Coach*.

Please be advised that the healthy lifestyle program, Well-being Coach, which provided assistance in positive lasting changes in a path toward wellness as offered through EMHP will be **ending effective December 31, 2021**.

The Employee Medical Health Plan congratulates and encourages our members to continue their journey of wellness by overcoming obstacles and learning how to take steps toward achieving a healthy lifestyle.

If you have any questions with regard to this change, please contact your Employee Benefits representative via email at ebu@suffolkcountyny.gov or via phone at 631-853-4866.

**LISA BLACK
CHIEF DEPUTY COUNTY EXECUTIVE**

Distribution:

One copy per employee/retiree